



Welsh Sailing
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Clubs and Coaches Conference 2010



More and better sailing | Rhagor o Hwylio Cwell

www.welshsailing.org





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Introductions

Iwan Basten

WYA High Performance Manager

Ben Smith

WYA South & West Regional Development Officer

Guest Speaker

Nic Wymer



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Introductions

Sean Evans

OnBoard Officer Cardiff and the South East

Tom Herbert-Evans

OnBoard Officer Swansea and Neath Port Talbot

Nick Berridge

West Wales Club Development Coach



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Introductions

Chris Jeffries

West Wales Club Development Coach

Richard Mills

South & West Wales Windsurf Development Coach



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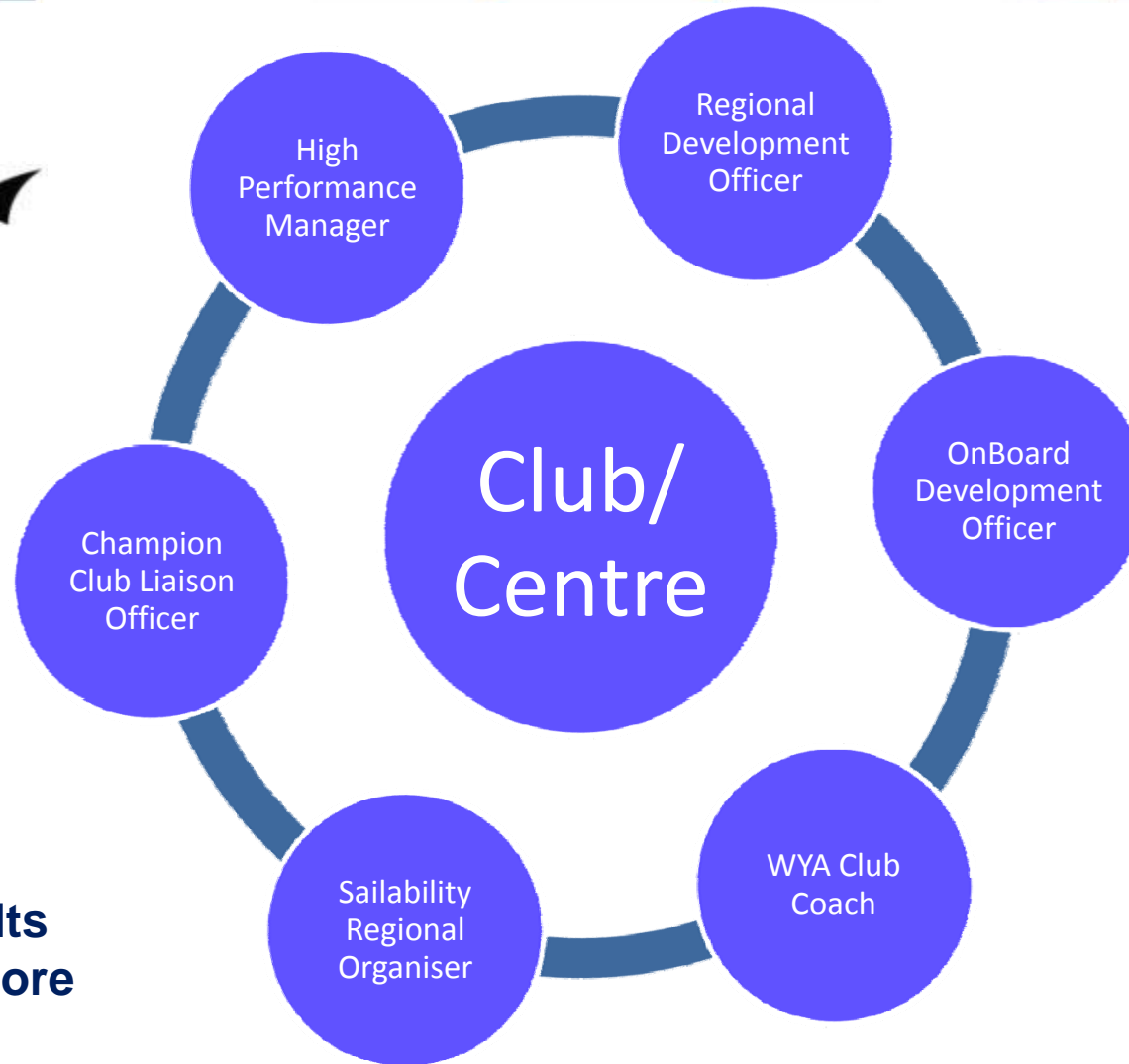


Plan for the Day

- 0930 Arrive, Tea & Coffee
- 1000 Welcome & Introductions
- 1010 “Wales Today” Updates & Developments
- 1100 Club Training & Club Racing Discussion Forum
- 1115 Coffee Break – Continue Discussion Forum
- 1245 Lunch
- 1400 Rigs & Tuning - **Nic Wymer**
- 1545 Coffee & Days Summary
- 1600 Depart



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more adults
SAILING more
often





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RDO Update



- Club Development
- Instructor training
- Programmes & Projects
- Funding



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Club Development

- Club Development area on RYA website
 - [Club Development | Clubs & Associations | Information & Advice | RYA](#)
 - Fact sheets & Case studies
 - Writing development plans
 - Marketing your club video

- WYA Website- Wales specific information currently being developed

- Club Open day Listing on website
 - [Club Open Day Listing | Club Open Days | Events | News & Events | RYA](#)



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Instructor Training

➤ Instructor conference

- Plas Menai, Saturday 12th March 2011

➤ Regional courses



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Programmes and Projects



- OnBoard
- Volvo Champion Club
- Team 15
- Courses For all
- Sailability



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OnBoard

- Where are we now?
- What have we achieved?
- What is the focus moving forward?





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Volvo Champion Club

- Where are we now?
- What have we achieved?
- What is the focus moving forward?





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Team 15

- What is it?
- How we are planning to role it out!
- What you need to know





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Courses For All

- Changes with the way we are going to use it.
- How does that effect you?
- How do you apply for the funding?



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Sailability

- What is it?
- Where is it happening?
- How can you find out more?



<http://www.rya.org.uk/programmes/ryasailability/Pages/>

[RYASailability.aspx](http://www.rya.org.uk/programmes/ryasailability/Pages/RYASailability.aspx)



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Adult Participation





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Activate you Laser

- What is Activate your Laser?
- How are we going to role it out?
- Coming to a club near you soon!



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Funding

- **Sport Wales Funds**
 - Community Chest (up to £1000)
 - Sports Match (Probably going to disappear)
 - Development Grants (up to £25,000)
- **OB Grants**
 - Up to £500 to new OB clubs (needs to be matched)
- **VCC Grants**
 - Up to £500 to Volvo RYA Champion Clubs (needs to be matched)



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What does all this mean for your clubs

- Coach Support that is right for your club
- Development at affordable rates for your key volunteers
- Funds and Resources for you & your club



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Vetting & Barring

- The Government has announced the terms of reference for the review of the Vetting and Barring Scheme (VBS). This review will allow time to consider afresh the fundamental principles and objectives of the VBS regime, to ensure that the scheme strikes the right balance between protecting children and vulnerable adults, whilst maintaining a sensible and proportionate approach to vetting.
- The outcome of the review is expected early in the New Year, and more information will be available on the CRB website



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Questions?



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Nick Berridge

**Communicating with
your youngsters!**



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State of the Nation: What's happening in Wales...?

Questions:

1. Does the data from Welsh Events/ Squads mirror what you feel is happening within your Clubs?
2. Race Training/ Regular Participation up or down
3. Is Club Racing Numbers Up or down



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Discussion Groups

- Split up into ? Groups (work in your clubs)
- Elect a Chairperson/Scribe
- Post it Notes ' Key points'



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- Coffee



- Find a name to put against a question to make a complete diagonal line!



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Common Issues

- Moving Sailors from training to racing
- Developing the training to keep it fun and progressive.
- Availability of training
- Who wants training
- Continuity of programs
- Clear pathways for sailors



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Discussion Groups

- Split up into groups
(work with different clubs)
- Elect a Chairperson/Scribe
- Each group to report back, 5 key points



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Club Training

1. What are the essential elements of a good race training program...
2. Club boats
 1. Are they a good idea
 2. How does a club make better use
 3. What classes do you chose and why.
 4. Alternative ideas club boats.



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Discussion groups

Coach Group

Club Development group



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Discussion groups

A few questions!

- How do you put an Giraffe in the Fridge?
- How do you put an Elephant in the Fridge?
- The Lion King is holding an animal conference to discuss all things animal! Which animal doesn't attend?
- You are walking towards home when you come across a Crocodile infested river which you need to get across. You have no boat, and there isn't a bridge. How do you get across ?



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Discussion groups

Club Development group

Detail a pathway through your club bringing in new Members (either never sailed or experienced sailor) through to becoming an active club sailor.



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Key Dates

- **South Wales Club Forum** – Tuesday 7th Dec at WIS
- **Windsurf Forum** – TBC but around end of Jan beginning Feb
- **Regional Instructor Conference** – Saturday 12th March 2011
- **Dinghy Show 5th/6th March 2011**
- **Welsh National Events** – dates set see the website





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Summary

- **Planning Now** is vital to success of your programs.
- **Identify** how best we can help
 - Planning ideas
 - Training Coaches / Instructors
- **Ensure** you **communicate** your vision to your prospective new members/ current members/ volunteers... Clients



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What we will (try to) do!

- Work with **you** to achieve **your** goals
- **Continue** to develop **clearer** methods of **communication**
- Offer the opportunity to **all** to attain **all** they **want** to be
- **Listen to you!**



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Thank you for your attendance