

Notes from WYA NWRC Meeting May 2011
Group discussion –Adult Training and Racing

Club Racing - ways of attracting new members/beginners/improvers into club racing

Key Points : *Enjoyable racing and varied,*

Suitable boats, suitable for the sailing water, appropriate courses for the type of boat.

The racing programme should not be carved in stone -

Things to consider for the club racing programme:

- ❖ *Pursuit Races (less pressure for inexperienced helms on the start line).*
- ❖ *Very short Windward Leeward Races (10-15 minutes)*
- ❖ *Short(ish) Race Series*
- ❖ *Short Series (over a month – not the whole season- puts newcomers off)*

All easy to organise

Less easy to organise but important for successful for club racing: *Similar handicap boats racing together on courses suitable to their type – eg triangles for Lasers GP14s Ents, Windward/Leeward for asymmetrics.*

Average Lap time racing is OK but beware - a three lap course for an RS400 lasting 40 min will not suit an Oppie doing one lap of a large course.

Adult Training

Before start - consider what are we going to do with the people after the course finishes?

Consider : New members' socials with existing members - Training, Racing and Cruising people all together.

Requirements for Adult Training

- *People* *Instructors **AND** plenty of support staff.*
- *Boats* *Right boats to learn, Safety Cover*
- *Facilities* *Tea, coffee, food showers, changing rooms,*
- *Materials* *Joining instructions, aims of course, Handouts, Syllabus*
- *Methods* *RYA Levels 1 & 2?, Sail a triangle, Development pathway.*

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with thanks to input from members of Rhyl YC, Llyn Brenig SC and Clywedog SC