

## Notes from WYA NWRC Meeting May 2011

### Group discussion – Youth and Junior Winter Training

- Club winter training is mainly aimed at new/inexperienced sailors whether they have come through on-board or “normal” club training
- Parents will generally be new/inexperienced as well, and will need support and encouragement to attend winter training
- It was agreed that to make it more enticing we should
  - refer to Winter Sailing
  - give each sailor/parent a written invitation to Winter Sailing, Pwllheli, with Leah, already have a letter they are using this season which could act as a template
- There will be a need for club boats to move with the sailors as most will not have their own at this stage, where possible coaches should travel with them as well but it was noted that this is not always possible e.g. Pwllheli were they both deliver training and send sailors to other clubs
- There was some discussion about the need for parents to be present throughout the training; can they take it in turns with one parent in loco parentis? Ruth has been asked to check the legal position.
- It was agreed that for most clubs the last 2 winters have been very difficult during December and January, after some discussion the following proposed timeline was developed

Sept	Oct	Nov	Dec	Jan	Feb	March	April
On-board Regatta 4th	2 sessions	1 session mid month	Christmas regatta	No sailing	1 session	2 sessions	Final, all together, training
First session later Sept					1/2 term training???		1 <sup>st</sup> CYRC

Not all clubs need to deliver all sessions; the strength of neighbouring clubs sharing the season was noted.

In addition we hope there will continue to be dedicated Winter Training for Laser sailors.

- Clubs likely to deliver Winter Sailing this year are;

Bala, Holyhead, PD, Pwllheli, Rydal, Shotwick

- Dates/venues for the whole season will need to be published, and letters prepared by 4<sup>th</sup> September
- These notes will be circulated to all the above clubs for discussion, amendment if required, approval and action – as appropriate.

In order to meet the timeline above we need your Winter Sailing dates by **Friday 22<sup>nd</sup> July** – at the latest