



2010 Performance & Excellence Report & Looking Ahead at 2011

This report summarises the achievements of the Welsh National Squad during the season 2010. This report highlights our key performing athletes and shows the strength across the programme from Junior to Olympic level.

This report touches on but does not document some of the success and developments already in place this year before providing a more detailed overview of each class program and proposals in place or under discussion for 2011 2012. The report moves on to an overview of the Welsh National Squad make up and domestic event attendances in 2010 and concludes with brief summary of last season's highlights and areas to improve on.

Appendix 1 & 2 consist of the names and performances of our most talented sailors during 2010, and WYA support.

It is worth-while to note that the performance and excellent committee have not met in 2011, instead it is expected to a new performance and excellence committee will be formed at this strategy committee; which will form the feedback and review mechanism for some of the changes proposed in this report. I look forward to the formation of this group.

Beginning at the end:

Strength and depth within Welsh sailing squads continued throughout 2010, with Welsh sailors contributing to a spread of British teams, most notably Mathew Whitfield securing the first Welsh Optimist Worlds Team in 2010, a feat he repeated in spring 2011 by winning the British trials, securing his place for the second year with Will Creaven and Daniel Whitely securing 2 Optimist European team places. Out most successful Optimist year in over a decade.

The 2010 squad outcomes further shined with Danielle Rowe and Tilly James sharing the honours at the top of the Topper girls fleet already in 2011; whilst the youth sailors who are not to be outdone resulted in an excellent silver for Nia Jones and Molly Frost second only to the 420 World Champions at the British Youth Championships, which secured them, as well as Toby Morsley and Eleni Morus 420 European team places. (There is not a world's this summer season).

Over in the Lasers, Ellie Meopham after her excellent last season dominating the Topper Girls scene has quickly developed into the laser, picking up silver at the British Youth Championships, whilst fellow youngsters Micky Beckett and David Pain set the marks as top U16 year olds in the class at the current time.

Finally, via direct investment with Cardiff Bay Yacht Club, a fledgling RS Feva Junior Double Handed program has been growing with 5+ attending this year's Nationals with WYA coach support. The Feva is also proving an alternative for some of the Optimist sailors with Matthew Whitfield and Gareth Viney claiming 2nd and 1st youth at the RS Feva Nationals. In the windsurfing, 2 resilient welsh windsurfers are competing on the circuit, but the program below has a distance to go.

2010 Medal Tally (National Championships / International Events)

Olympic & Para Olympic	7 Total	3 Gold 4 Silver
Youth All	7	1 Gold U21 2 Junior Gold (U16) 2 Silver U19 2 Bronze U19
Junior All	15	2 Gold 2 Junior Gold (U16) 6 Silver 1 Silver (junior U13) 2 Bronze 2 Bronze (junior U13)

*This table does not include events of 2011 to date which are referenced above:

The WNS Make up and GBR Representation 2010

Class	Regional	National	GBR Nat	GBR Int.
Optimist	20	16	6	4
Topper	15	15	2	1
Laser 4.7	NA	5	5	NA
Laser		14	3	2
420		3*	3	
29er		4*	0	
92 Sailors in W.Y.A Squads	35 Sailors	57 Sailors	26 Sailors	

Pathway Overview: BY CLASS

Optimist

- Optimist class in Wales continues as our strongest class represented throughout the UK ranking.
- Current strong role models with Wales picking up 3 of 12 of the British team places
- Record number of GBR National Squad sailors with 6 selected for GBR National and 4 in GBR Intermediate Squads. Again a credit to the coaching team.
- The class has perhaps polarised further around just 3 VCC clubs, with little Optimist class activity in West Wales
- Several Senior Sailors will be leaving this year coupled with reduction of GBR Squad(s) from 60 to 48 this will in turn reduce number of Welsh Sailors in GBR Squads expected in 2011/12.

Propose

- See Optimist Squad proposal 2011 – tabled for discussion and not included in this report.

Topper Class

- Remains well spread across a number of clubs.
- 2 GBR National and 1 Intermediate is a reduction on the past few years as expected in previous reports due to a low numbers at regional level 2008 2009.
- The 2 GBR members Danielle Rowe and Tilly James are current top 2 GBR girls and have progressed very well to the top of the UK fleet.
- There are a small number of younger talented sailors in the program coming through and Wales has a good number of sailors competing in the ranks nationally.

However

- Much of the Topper Squad are good yet not exceptional Optimist Sailors transferring out due size / struggling in the class. This presents the Topper squad with average sailors in the last 1 or 2 years of junior sailors.
- Clubs – are not developing enough Topper sailors of an age or ability early enough to progress through the pathway. Albeit exceptions and parent driven examples do exist.
- In the next 12 months I expect similar number of GBR representation with some younger potential in the squad being developed.

Propose

- Re consider selection policy age criteria and make up.
- Consider 4.2 class squads only at regional level.
- Recruit 1 X new WNS Assistant Coach
- Recruit 1 X new Regional Coach (North)
- Implement Squad camp

Laser 4.7 Class

- A National Squad of 5 sailors all of whom were selected to the Great Britain Squad, and has now become a firm fixture in the squad structure.
- David Pain, Ranked GBR 2 will compete for GBR at the 2011 worlds and other international events during a transitional year into the Radial.

Propose.

No change to the 4.7 program; to continue running separately but usually alongside WNS.

Laser Class

- Growth in the class specifically in south Wales as junior sailors from the past few years are moving on.
- National Squad has strengthened this season with 11 WNS sailors selected and 4 in GBR National Youth Squad and 2 into the RYA Transitional Squad.
- 2nd & 4th GBR Youth girl, and 2 top under 16 boys at this year's trials indicate strength and depth.
- Luke Breen Turner as head coach has moved on from this role due to shipping commitments.

Propose

- **Recruit new head coach in August**
- **Review program with the mind of inserting a squad camp into the program**
- **Consider adding split wales squad weekend**

420 & 29er Class

420

- 3 boats consisting of only 4 welsh sailors has been the hub of a largely sailor orientated support program, delivering mix of occasional weekends and occasional 1:1 coaching with the squad.
- All 3 boats selected to GBR Europeans and worlds teams in 2010, and again in 2011 with Nia and Molly finishing 2nd GBR girls this season and Toby Morsley securing his place climbing into top 7 GBR boats.

However

- There are currently no younger 420's within a program; which I link to the obstacles between junior classes and youth double handed pathway, understanding and cost.

29er

- 2 or 3 29ers have received limited open training this winter of a nature of older, or club based 29ers. 2 Welsh 29ers attended UK youths and are progressing but we do not have any in top 50%
- There are a number of potential good junior sailors likely to move into the 29er class within the next 12 – 18 months the program needs to nurture and develop.

Discussion Topics taking place

- Recruit singular 420 & 29er head to lead double handed squads.
- Run Double Handed Youth classes Open transitional training & Selection camp Oct half term
- Consider WYA open transitional training late summer

Development Classes

RS Feva (Junior Double Hander)

- WYA funded Cardiff based squad group has developed this winter coached by Feva class expert and 1 local coach.
- 5 of these boats attended the class Nationals supported by Nathan Bailey following his work within the squad over the winter.
- Optimist pro's Matthew Whitfield and Gareth Viney Feva performance which cannot be attributable to the Feva class development work are however an asset to mentor and challenge other welsh Feva sailors. (2nd class Nationals in May 2011, u18 winners 2010.
- There are also limited pockets of Feva sailing at PDSC whilst at Pwllheli there are several boats largely unused.

However

- Feva growth has been limited to Cardiff Bay in the main.
- Feva growth in the main is via sailors transferring out of the optimist class rather than new sailors (not necessarily a bad thing as most sailors begin in Optimists)
- The age group of many of the sailors moving into Feva's is higher than is desirable as it is also a junior class.

Challenges

- Grow Feva class in north Wales
- Discover if and where there are any RS Feva's in west Wales
- Reduce the "older Optimist sailor" input to the class without detracting from the optimist and topper fleet numbers

Proposed Options

1. Maintain support of CBYC and also introduce a north wales open program to develop North wales class numbers.
2. National identify the training as squad based (pro's and cons)
3. Introduce the open training as WYA national program with both regional weekends and joint north and south national weekends.

Bic techno 293 (Windsurfing)

- Using WYA funded boards 2 sailors from the south are competing on the national circuit and have represented Wales twice. Most of their training is linked to the South zone where they have been sign posted to train and compete where possible which is why we do not see them at domestic events.
- An open training group in South Wales established over the winter, but was curtailed by appointed coach Richard Mills departing for work in Ireland.
- A new T15 coordinator has been appointed by the RYA and a windsurf club coach on a reasonable contract appointed in by the WYA in May (Richard Mills following his return) to drive the clubs, T15 events and open training forward.
- Following T15 club meeting which indicated good support and progress the T15 series of events and open training are in place for south and west wales with Richard also lined up to work with the established T15 clubs.
- Both Swansea and Cardiff Onboard partnerships include windsurfing and both are supportive of attending events with novice windsurfers.
- A windsurfing instructor and race coach course is to be laid on this summer to help the centre's and clubs.

However

- Windsurfing progress remains slow, reliant on notoriously shaky club environments.
- There has been no or little windsurf progress in north Wales or any use of the WYA funded equipment this winter.
- The performance standard of the 2 best windsurfers in Wales falls a long way short of comparative age sailors in RYA zones.
- A lack of equipment and performance suitable equipment is a barrier to numbers and participation at the outset.

Propose - See Wales Windsurf Development Plan.

Keelboat

There has been no current WYA activity on developing Keelboat training or pathway. The RYA North West and Wales Keelboat academy at Plas Menai to date has not received any applicants.

Propose – discussion group at performance committee whether and how to move keelboat sailing for welsh squad and non-squad sailors forward

Interventions 2011 Summary:

Optimist	See Optimist Squad Proposal	Ratified by WNS and Regional Head Coaches by 1 st July
Topper	<ol style="list-style-type: none"> 1. Recruit replacement assistant coaches 2. Review Regional Squad Age selection policy & introduction of 4.2 squads at regional level 3. Implement Squad Camp 	WHPM WYA Performance Committee WHPM + WNS Head Coach
Laser 4.7	No current change to Laser 4.7 Program	WHPM publish
Laser Radial / Standard	<ol style="list-style-type: none"> 1. Recruit WNS Head Coach 2. Implement Squad based camp 3. Consider split weekends as part of national program 	Advertise & interview WHPM & WNS Head Coach WHPM & WNS Head Coach
Youth Double Handers	<ol style="list-style-type: none"> 1. Recruit Head Coach to lead programs including transitional work in the regions. 2. Implement Transitional and Orientation camp for junior sailors and parent moving on 	WHPM & WYA Performance Committee
Development Classes	<ol style="list-style-type: none"> 1. Continue Support of CBYC Club Support and implement similar in north wales. 2. Implement National and or regional approach to squad development 3. Windsurfing – as per windsurf plan 4. Keelboat 	WYA HQ WHPM / WYA Performance Committee RDO's + WYA club coach + T15 co' WYA Performance Committee disc'
General	<ol style="list-style-type: none"> 1. Introduce Land day Regionally for WNS & Regional Sailors 2. Maintain / Enhance International Event Support where appropriate 3. Review Boat Provision Scheme 4. Develop Bangor University Sport Science Input to the squad program throughout 2011 2012 	WHPM & Head Coaches WHPM & Head Coaches WYA Performance Committee WHPM + Bangor University

Event support 2010

During the 2010 season 14 events have been coach supported as set out below.

W.Y.A Event Support 2010	
National Squad	Regional Squad
Optimist Selections X 2 Optimist Inlands Optimist Nationals Optimist EOS	Optimist Inlands Optimist Nationals Optimist End of Seasons
Topper Nationwide X 2 Topper Inlands Topper Nationals	Topper Nationwide X2 (expenses only) Topper Inlands Topper Nationals (part)
Laser Nationals	Delivering 24 Days of Regional Squad Support & 68 Days of National Squad event support provision
Eric Twiname	
UK Youth Nationals	
420 Nationals	
Wales Team – Atlantic Nautical Games	

*Total spend and breakdown is available in the accounts

The event support program continues to be an invaluable part of the squad program benefitting both sailors and also the coaches themselves at the event. There is consideration to supporting sailors at a higher level and internationally in displacement of regional support. (replaced on a voluntary younger coach program)

Welsh National and Regional Squads 2010

The following graphical information provides an update of the evolution of the squad and derived club program. A more detailed analysis is available year by year.

Welsh National & Regional Squad 2010 2011

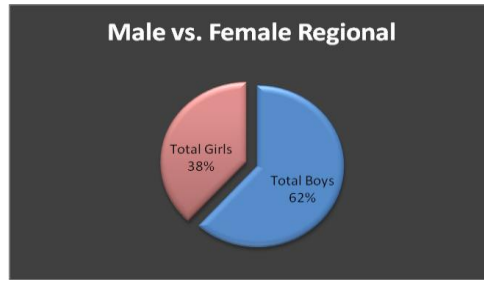
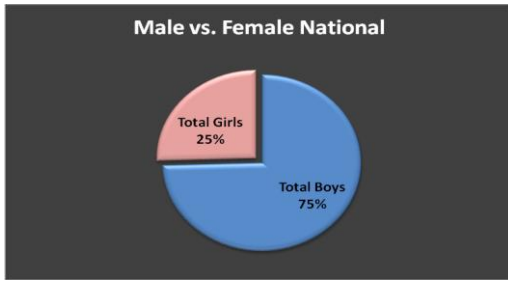
Including GBR

Class	Regional	National	GBR Nat	GBR Int.
Optimist	20	16	6	4
Topper	15	15	2	1
Laser 4.7	NA	5	5	NA
Laser		14	3	2
420		3*	3	
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92 Sailors in W.Y.A Squads	35 Sailors	57 Sailors	26 Sailors	

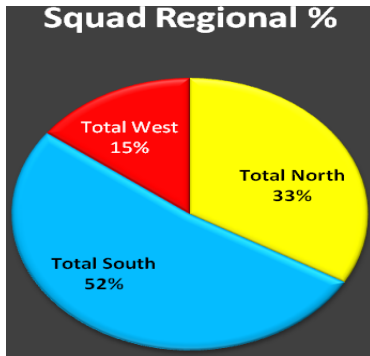
For Comparison the 2009 / 2010

Class	WYA Regional	WYA National	GBR Nat	GBR Int.
Optimist	25	16	8	4
Topper	12 (South only)	15	5	2
Laser 4.7	NA	8	2	NA
Laser		11	4	2
420		4	0	3
29er		0	1	0
91 Sailors in W.Y.A Squads	37 Sailors	54 Sailors	31 Sailors	

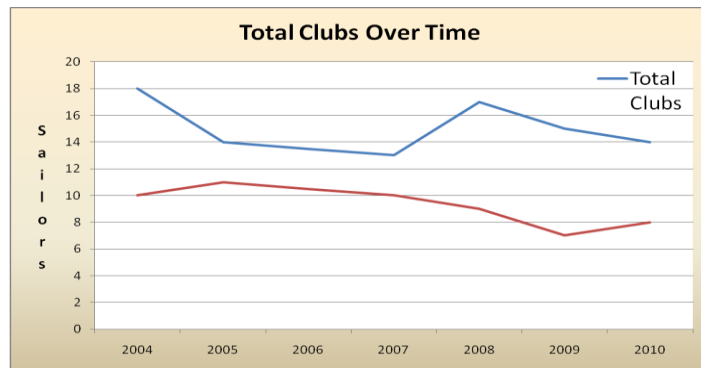
Male vs. Female National & Regional



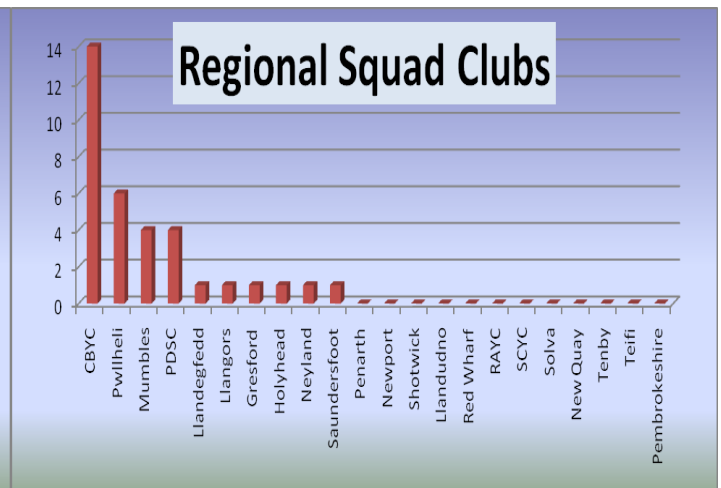
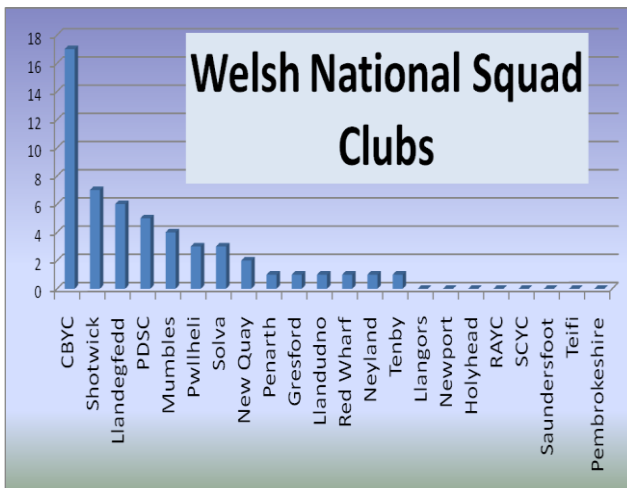
Total Squad % by Region



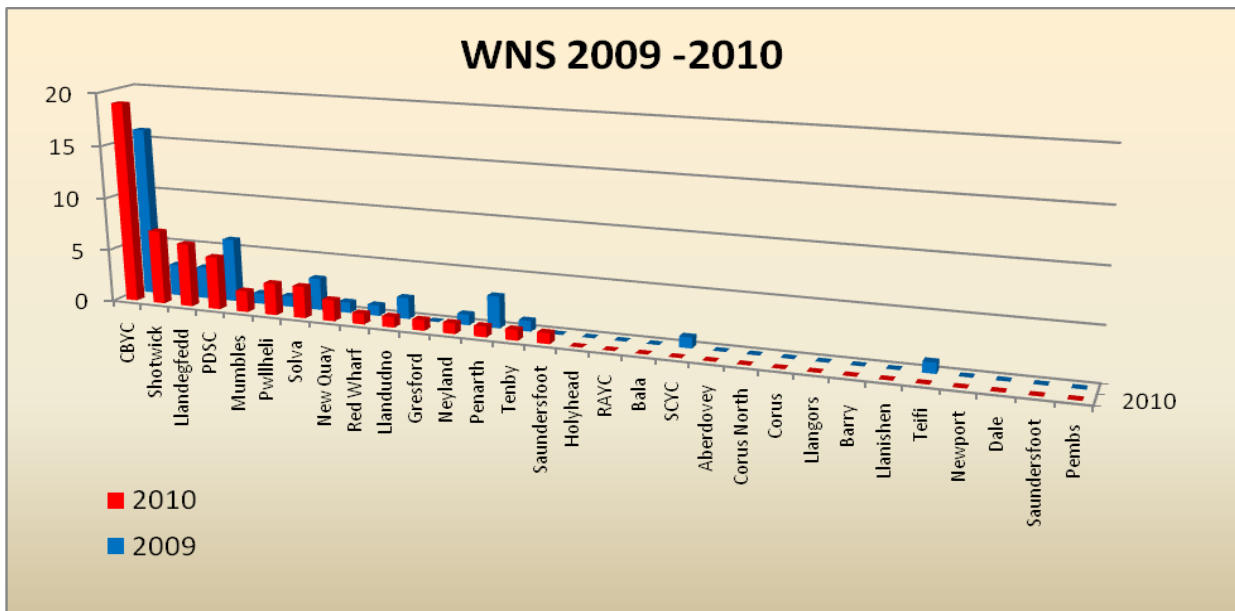
WNS Clubs Over Time



2010 Welsh National & Regional Contributing Clubs



Welsh National Squad Change 2009 – 2010

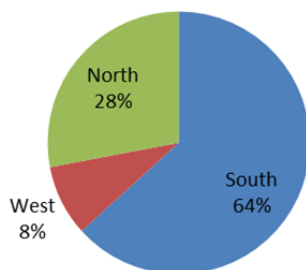


Domestic Event Summary 2010

The domestic event summary showed a slight decrease on 2009, namely at the Acorn event. It could be noted that the 2009 year the Acorn event enjoyed significant support from not only key clubs but also Cardiff Harbour Authority which was reduced in 2010.

Event	2008	2009	Target 2010	Actual 2010
Schools (July)(U19)	98	121	110	116
Acorn (Sep) (U16)	82	142	120	110
VY&J (Sep) (U19)	60	104	100	118
Total	240	367	330	344

Overall 3 Event Attendance by Region 2010

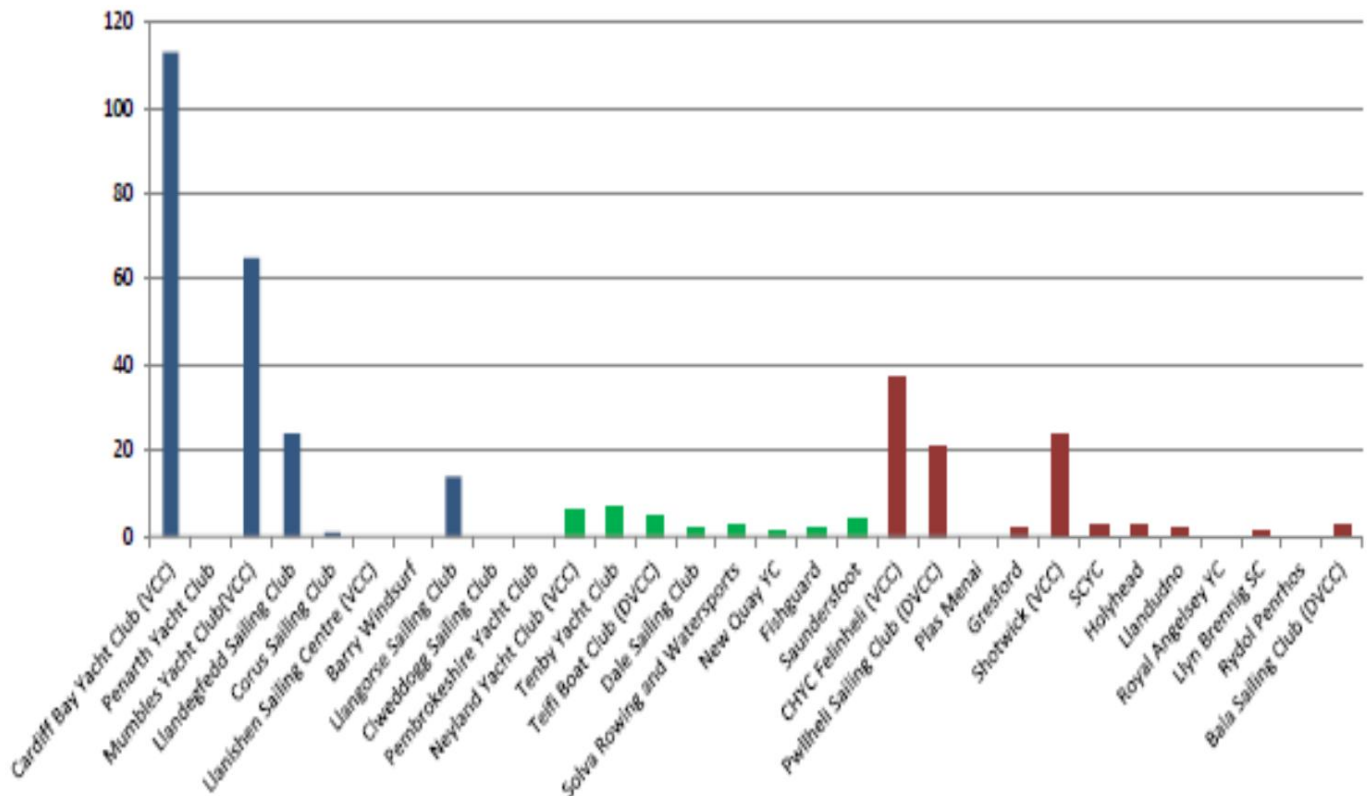


The following analysis is completed at the end of every year and for 2010 showed:

- ◆ 63% of all attendance is from 3 clubs...
- ◆ 83% of all attendance is from 6 clubs...
- ◆ 66% of all attendees to events on average are boys

This is a further polarisation around the key Y&J clubs with female and male attendance remaining approximately the same year by year.

2010 Total Club Sailor Attendance[s]



Summary

Our priorities for 2010 2011 steered by the Performance Coach Group are:

Squad

- Maintain the Junior success at GBR level
- Improve the Youth Squad conversion rate for Wales
- Seed 2 new classes within Wales for future squads

Events (Coach Cymru Secured Funding)

- Enhance the vibrant feel and quality of regatta fleets
- Reverse the decline of domestic event attendances

Clubs (Coach Cymru Secured Funding working with Club Development Funding)

- Implement systemic change at a few clubs in quality of coaching
- Identify the target VCC clubs for the 4 year period

Key Highlights 2010 were

- Ed wins 4 Gold Cup Events including Worlds title in September
- Wales secures Optimist Worlds Team place for the first time since 2003[repeated 2011]
- Welsh Optimist Sailors finish on podium at each major Optimist event
- Welsh Topper numbers decline has reversed and home nationals saw 48 Welsh sailors attend
- Ellie Meopham dominated girls fleet, followed up by further Welsh girl strength and depth
- Record number of GBR Squad sailors convert into a record number of Welsh sailors as part of GBR teams abroad.
- 29 Olympic / Youth / Junior medals at National and International events

Areas to consider

- Leaking talented junior sailors out of the program;
- Conversion of junior sailors to youth classes remains a big jump and barrier to many
- Aiding talented GBR sailors to outstanding International sailors is an ever increasing challenge as culture, training time, gaining international experience early is becoming ever more prevalent as the rest of the world is working harder and smarter.
- The number of clubs linked to the performance pathway – remains low and are they enabling sailors to achieve their potential?
- Windsurfing development has helped a handful of sailors progress but to date has not achieved a systemic change in the clubs.

May I wish everyone a fabulous end to 2011, both on and off the water, sailing, and growing our sport.

Iwan Basten [May 2011]

Related Documents on request

1. Welsh Sailing High Performance Plan 2009 -2013
2. Coach Cymru Volvo Champion Club Program KPI
3. Squad lists and selection policies
4. Windsurfing Implementation Plan



The End Game – Ed Wright wins the World Cup 2010

Appendices.

APPENDIX 1. SAILOR GBR REPRESENTATION, PODIUM RESULTS & TEAM CONTRIBUTIONS 2010

**Performance & Excellence Report
Great Britain Squad and Team success 2010**

Welsh Sailors who are members of Skandia Team GBR, RYA Performance and Development Squads

Class	Name	Level
Sonar (Paralympic)	Stephen Thomas	B
Finn	Ed Wright	B
470 [Crew]	Chris Grube	D
49er [Helm]	Dave Evans	D
470 [Helm]	Hannah Mills	D
Laser	Eifion Mon	DT

Welsh Sailors in RYA GBR National Youth Squads – (Winter 2010 2011)

Class	Name	Squad
Laser Radial	Jack Preece	GBR National
Laser Radial	Micky Beckett	GBR National
Laser Radial	Hannah Tilley	GBR National
420	Toby Morsley	GBR National
420	Nia Jones	GBR National
420	Molly Frost	GBR National
Laser Radial	Jonathon Morris	GBR Transitional
Laser Radial	Ellie Meopham	GBR Transitional

Welsh Sailors in RYA GBR National Junior Squads (April 2010)

Class	Name	Squad
Optimist	Matthew Whitfield	GBR National
Optimist	Will Creaven	GBR National
Optimist	Alex Cole	GBR National
Optimist	Rowan Edwards	GBR National
Optimist	Huw Edwards	GBR National
Optimist	Daniel Whiteley	GBR National
Optimist	Sam Thomas	GBR Int.
Optimist	Alex Joesbury	GBR Int.
Optimist	Hattie Morsley	GBR Int.
Topper	Danielle Rowe	GBR National
Topper	Tilley James	GBR National
Topper	Aled Goddard	GBR Int.
Laser 4.7	David Pain	GBR National
Laser 4.7	Thomas Williams	GBR National
Laser 4.7	Tom Joesbury	GBR National
Laser 4.7	Oliver Smith	GBR National
Laser 4.7	Gareth Viney	GBR National
Laser 4.7	Rachel Tilley	GBR National

2010 Great Britain Team Selected Sailors.

[These do not include sailors at International Events by their own means]

Sailor	Event	Venue	Entries	Selection Result	Int. Result
Eifion Mon	Uk Youth Nationals (U21)	Weymouth	31	Gold Selected European Junior Championships	4 th (2 nd GBR) 124
Stephen Beckett	Uk Youth Nationals (U19)	Weymouth	31	3 rd Youth (8 th) Selected Laser Youth Worlds	45 th Gold (119) (1 st GBR U19)
Bleddyn Mon	UK Youth Nationals	Weymouth	108	4 th Selected to Senior Radial Worlds	41 st Gold (92)
Micky Beckett Tom Piggott	UK Youth Nationals	Weymouth	108	14 th (1 st Junior) 25 th Selected Radial Youth Worlds	53 rd Silver (225) 41 st Bronze (225)
Hannah Tilley Anna Piggott Aimee Jones	UK Youth Nationals	Weymouth	108	4 th Girl (32 nd) 7 th Girl (44 th) 9 th Girl (54 th) Selected Radial Youth Worlds	7 th Silver (99) 28 th Silver (99) 27 th Silver (99)
Nia Jones & Molly Frost	420 Selections	Weymouth & Pwllheli	47	7 th Girl Selected 420 World Championships - Israel	10 th Silver (74)
David Pain Dyfan Williams Catrin Drake	Laser 4.7 Selections	Various	Circa 60	2 nd Boy 6 th Boy 6 th Girl	31 (101) U17 49 (101) U17 105 (U19)
Daniel Whiteley	Ranking	Various	272	28 th (3 rd Junior 2010) Selected GBR Irish Nationals	2 nd 85
Mathew Whitfield	RYA Optimist Selections	Pwllheli / Weymouth	87 (Restricted)	5 th Selected for Optimist Worlds Team	December 2010
Toby Morsley	420 Selections	Hayling / Rutland	60	7 th (4 th Youth)	December / January 2010/11 Argentina
Nia & Molly Frost	420 Selections	Hayling / Rutland	60	11 th (2 nd UK Youth Girls)	December / January 2010/11 Argentina
An additional 12 Welsh Junior class sailors were selected for GBR for Irish and French National, and European Regattas below World or European level					

2010 Podium or Merit Results from Welsh sailors

Olympic / World & European only

Sailor	Event	Venue	Entries	Result
Ed Wright (Finn)	Olympic Classes World Cup, Grade 1 Regatta	Miami	35	Gold (1 st Brit)
Nominated World Sailor of the Year	Olympic Classes World Cup, Grade 1 Regatta	Princess Sofia Regatta, Palma, Majorca	53	Gold (1 st Brit)
	Finn World Championships	San Francisco	87	Gold
	Finn European Championships	Split, Croatia	97	Silver (1 st Brit)
Stephen Thomas (Sonar)	Olympic Classes World Cup, Grade 1 Regatta	Miami	9	Silver (1 st Brit)
	Sail 4 Gold, Olympic Regatta	Weymouth, UK	9	Silver (1 st Brit)
	IFDS World Championship	Medemblik	19	Silver (1 st Brit)
Eifion Mon	Youth Europeans <21	Gdynia, Poland	124	4 th (2 nd Brit)

Youth Classes (U19):

Sailors	Event	Venue	Entries	Result
Eifion Mon Laser	UK Youth Nationals	Weymouth	31	Gold 1 st U21
Stephen Becket Laser	UK Youth Nationals	Weymouth	31	3 rd Youth U19
Doug Lloyd Haynes Laser	UK National Championships	Largs	7 th	3 rd Youth
Anna Piggott Laser Radial	Laser Radial National Championships	Mounts Bay	96	2 nd Girl
Micky Beckett	UK Youth Nationals	Weymouth	108	1 st Junior (14 th Overall)
	UK Nationals	Mounts Bay	126	1 st Junior (13 th Overall)
Bleddyn Mon	49er National Championships	Pwllheli	25	2 nd
Nia Jones & Molly Frost	420 Selectors	Hayling & Rutland	60	11 th (2 nd Youth Girls & 1 st Girls End of Season Championships)

Junior Classes (U16)

Sailor	Event	Venue	Entries	Result
Sara Jackson Topper	Topper World Championships	Lake Garda, Italy	126	2 nd Girl
Danielle Rowe Topper	Topper World Championships	Lake Garda, Italy	126	2 nd Junior Girl
Thomas Williams Topper	Topper Nationals Championships	Pwllheli	326	5 th
Ellie Meopham Topper	Topper Inland Championships	Grafham	256	3 rd (1 st Girl)
	Topper Nationals	Pwllheli	326	1 st Junior Girl 2 nd Girl (11 th)
	Topper Nationwide	Weymouth	225	1 st Girl 5 th Overall
	Topper Nationwide	Derwent	193	2 nd Girl 8 th Overall
David Pain Laser 4.7	Laser 4.7 Qualifier	Cardiff	35	1 st
Matthew Whitfield Optimist	Braassemermeer	Belgium	220	8 th (220)
	Optimist Inland Championships	Grafham	220	3 rd
	Optimist Nationals	Weymouth	164	3 rd British (7 th Overall)
	Optimist End Seasons	Rutland	222	2 nd Overall
Daniel Whiteley Optimist	Optimist Inland Championships	Grafham	220	2 nd Junior (11 th Overall)
	Optimist Junior Nationals	Weymouth	154	3 rd British Junior (4 th Overall)
	Optimist Junior Irish Nationals	Waterford Harbour	85	2 nd 1 st British
	Optimist End of Seasons	Rutland	222	1 st Junior (5 th overall)
Mathew Whitfield & Gareth Viney RS Feva	RS Feva Inland National Championships	Northampton	43	1st Junior 2 nd Overall

APPENDIX 2. BOAT PROVISION AND TALENT CYMRU AWARDS 2010

Boat Provision allocations: 2010-11

The following table shows sailors supported through 2010 with boats and equipment through the provision scheme. Boats are allocated for a 1 year period to cover preparation during training sessions before the season starts and until the end of the competition season.

Class	Name	Criteria for support
Optimist	Matthew Whitfield*	Optimist GBR National Squad 2010 2011 Season
Optimist	Daniel Whitely*	Optimist GBR National Squad 2010 2011 Season
Optimist	Will Creaven*	Optimist GBR National Squad 2010 2011 Season
Optimist	Huw Edwards*	Optimist GBR National Squad 2010 2011 Season
Optimist	Alex Cole	Optimist GBR National Squad 2010 2011 Season
Optimist	Rowan Edwards*	Optimist GBR National Squad 2010 2011 Season
Topper	Tilly James	Topper GBR National Squad 2010 2011 Season
Topper	Danielle Rowe	Topper GBR National Squad 2010 2011 Season
Laser Radial	Hannah Tilley	Laser Radial National Squad 2010 2011 Season
Laser Radial	Micky Beckett	Laser Radial National Squad 2010 2011 Season
Laser Radial	Jack Preece	Laser Radial National Squad 2010 2011 Season
Laser 4.7	David Pain*	Laser 4.7 National Junior Squad 2010 2011 Season
420	Nia Jones / Molly Frost	GBR Worlds team

***Denotes that these sailors received Sports Aid Wales (SAW) Grant Aid during 2010)**

Talent Cymru* (Previously Talent Support)

Sailors listed below have been receiving talent support as GBR Youth Squad members for the period September 2010 – April 2011

September 2010 – April 2011

Bleddyn Mon	49er	ODS Train Alongside
Jack Preece	Laser Radial	GBR National Squad
Micky Beckett	Laser Radial	GBR National Squad
Hannah Tilley	Laser Radial	GBR National Squad
Toby Morsley	420	GBR National Squad
Nia Jones	420	GBR National Squad
Molly Frost	420	GBR National Squad