

WYA Coaching Plan April 2008 – March 2009

This note provides an outline of the WYA Coaching Plan for 2008-09 that has been agreed with the Sports Council for Wales who provide the funding.

The WYA Coaching Plan is organised into 3 sections:

1. Community Coaches

The remit of the Community Coach is to develop “more and better coaches (this includes instructors)” within clubs in Wales. The majority of funding is allocated to achieve this key outcome.

Each RDO is responsible for recruiting and managing Community Coaches to work in clubs within their Region.

2. CPD (Coach Professional Development)

This is sub-divided into the following areas:

- CPD for WYA Staff
- CPD for National and Regional Squad Coaches
- CPD for Community Coaches
- Open CPD – for all Coaches in Wales (Instructor conferences and Sailsmart)

3. Courses for Clubs

Financial assistance is available to help pay for coaching courses. WYA also has access to places on courses at Plas Menai through our grant from the Sports Council for Wales. The original “Women and Girls” funding now falls within this area to support women and girls to gain qualifications.

RDOs will facilitate the running of 1 Dinghy Instructor course and 1 SI course per Region per year. Candidates will be volunteering in a club environment to enhance its training provision. A new database will be established to record and monitor levels of activity as well providing a network for subsequent support and communication.

The WHPM will facilitate the running of 1 Club Racing Coach (L2 Racing Coach) course in each Region. Candidates will be volunteering in a race training context (Region or club). A new database will be established to record and monitor levels of activity as well as providing a network for subsequent support and communication.

“WYA” DI / SI and L2 Racing Coach courses will be run at minimum cost to the attendees.

More information:

Please contact your RDO or the Welsh High Performance Manager for further details.