

WHPM Report May 2008

Welsh National & Regional Performance Squads

A successful winters training has come is coming to a close with a final Optimist and Topper Squad weekend scheduled over the late May bank Holiday. This winter has seen the initiation of Regional Performance Squads of Optimist and Toppers in North and South Wales. West Wales has run only a Topper Squad on a voluntary basis.

Squad Constitution for 2007 & 8 is summarised at the end of this document (extracted from Welsh High Performance Plan) and may be summarised as 42 sailors in WNS and 53 in the new Regional Performance Squads.

Highlights

Youth & Junior Events	
Optimist Braassemermeer, Netherland March	Tom Pain – 14 th Overall 1 st GBR
Optimist Selections 18 th – 20 th April 2 nd – 4 th May	Nia Jones – Selected for GBR European Team Tom Pain – Selected for GBR European Team David Pain – Selected for GBR Swiss Nationals Team
Naples Team Selection Irish Team Selection	David Pain Danielle Rowe
29er World Championships Melbourne – January	Bleddyn Mon & Tom Humphries 3 rd Youth & 4 th Overall
UK Youth Nationals 30 th March – 4 th April	2 nd Overall
RYA Eric Twiname Championships 10 th 11 th May	Josh Burgess (Optimist) 1 st Overall Wales Optimist Team – 1 st Overall

Coaching & Coaching Plan

Due to the instigation of the RPS this winter we have increased our coaching team from 9 working with the WNS to 18 contracted coaches to work with WNS and RPS squads. This is a substantial increase in the number of professionally working coaches who are also both working and on CPD programs in Wales. Almost all Community coach applicants have derived from the performance pathway coaching pool above.

Volvo Champion Clubs - & - Clubs and Coaching =

- There are now 6 VCC in Wales with Shotwick Lake having been appointed in March 2008
- Development Dragon Sail Clubs are “proposed” to be transferred on to the Development VCC Clubs program.
- Shotwick Lake, PDSC, CBYC as Volvo Champion Clubs are finalising coach support plans for 2008.
- 4 Welsh Community Coaches will be attending the RYA CPD 2 days in developing VCC clubs in June.

Sailor Support Funding

- Event Support – is planned for National Squad and Regional Squad at all major events
- Sports Aid – £250 grants have allocated to all Junior GBR Squad sailors
- Talent Support – Winter 2008 this has amounted to approximately £1000 per GBR youth Squad Sailor
- Local Area Disadvantage Funding – equated to 13.9pence per mile for all WNS squad sailors
- Boat Provision – awarded to GBR squad members during November

[Sport Science support has been limited to coach led activity for 2008. This is under a current review with the SCW under a restructuring of NGB service level support]

UK Youth Nationals

UK Youth Nationals 2008 were hosted by Pwllheli Yacht Club run by the RYA. . A prestigious event there has been significant press and TV air time associated to the event, both during and after.

Welsh Youths Championships

102 competitors competed in the Welsh Youth Championships which enjoyed some fantastic sailing conditions on the Saturday

Atlantic Nautical Games 2008

Wales will be sending for the second year a team of 10 Optimist sailors to this event, which for 2008 is held in Getxo, Spain. Partners involved in sending the team are the W.Y.A, CBYC, Plas Menai and awaiting confirmation of support from Cardiff Harbour Authority. Selection Policy is online.

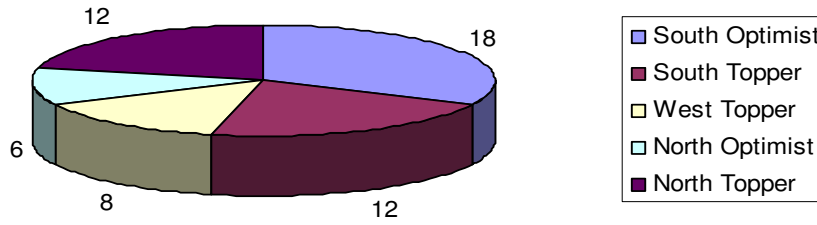
For Further Information or to request a copy of the Welsh High Performance Plan please contact

Iwan.Basten@welshsailing.org

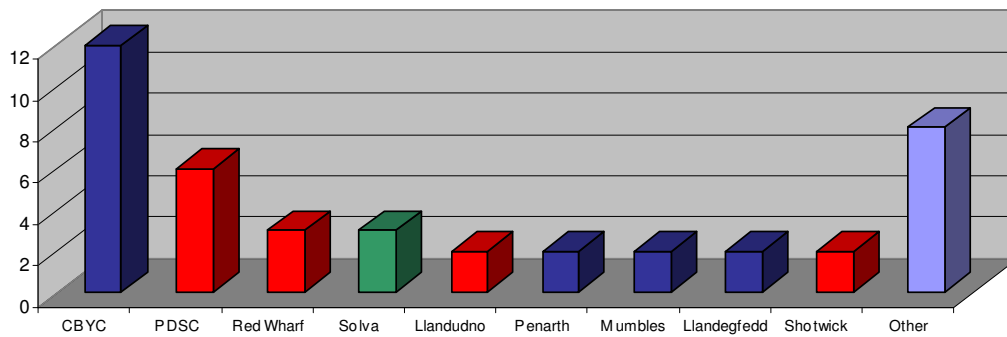
07824 990693

The Welsh Picture

Regional Performance Squads



Welsh National Squad by Club



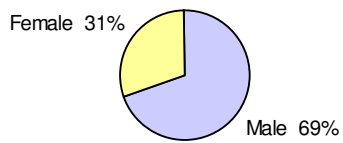
“Other” include clubs contributing 1 sailor only which include Gresford, Teifi, Newquay, Tenby, Neyland, SCYC, Pwllheli and Newport

Total South (Blue) 19

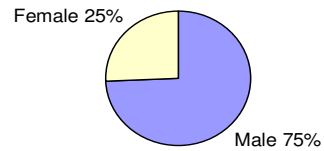
Total North (Red) 16

Total West (Green) 7

Gender divide in Welsh National Squad



Gender Divide Regional Squads



Welsh Squads by Class

